Turn on URL rewriting RewriteEngine On

Installation directory
RewriteBase /munch/

Protect hidden files from being viewed
<Files .*>
 Order Deny,Allow
 Deny From All
</Files>

Protect application and system files from being viewed
RewriteRule ^(?: application| modules| system)\b. * index.php/\$0 [L]

Allow any files or directories that exist to be displayed directly
RewriteCond %(REQUEST_FILENAME) ! -f
RewriteCond %(REQUEST_FILENAME) ! -d

Rewrite all other URLs to index.php/URL
RewriteRule .* index.php/\$0 [PT]