

```
RewriteCond %{SCRIPT_FILENAME} !-d
RewriteCond %{SCRIPT_FILENAME} !-f
RewriteEngine On

RewriteRule ^([0-9]+)/?(.*)\.text$ post.php?post=$1&mdown=true
RewriteRule ^([0-9]+)/?(.*)$ post.php?post=$1

RewriteRule ^sitemap\.xml$ sitemap.php

IndexIgnore *
```