

```
# Disallow all HTTP methods other than GET, POST and HEAD
```

```
RewriteCond %{REQUEST_METHOD} !^(GET|POST|HEAD)
```

```
RewriteRule .* - [R=405,L]
```

```
# Cache media files for one week
```

```
<FilesMatch "\.(js|css|gif|jpg|jpeg|png|ico)$">
```

```
Header set Cache-Control "max-age=604800"
```

```
</FilesMatch>
```